



Tamil Nadu Agricultural University
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To
The Editor,
Sir,

Date: 09.02.2026

I request that the following message may kindly be published in your esteemed daily:

TNAU conducted Cancer, Health and Fitness Awareness Programme

The Centre for Students' Welfare and the National Service Scheme (NSS), Tamil Nadu Agricultural University (TNAU), Coimbatore, organized an Awareness Programme on Cancer, Health & Fitness and Lifestyle Changes & its Impact on 07.02.2026 at the Anna Auditorium, TNAU, in collaboration with GKNM Hospital, Coimbatore.

Dr. J. Ramalingam, Dean, Centre for Students' Welfare, TNAU, delivered the welcome address and highlighted the importance of health awareness among students. He emphasized that early detection, preventive care, and positive lifestyle changes are key to reducing the risk of cancer and lifestyle-related diseases.

Dr. B. Sivanesan, Chairman, Department of Oncology and Head, Medical Oncology, GKNM Hospital, delivered a comprehensive talk on Cancer Awareness, stressing the importance of early screening, timely diagnosis, and recent trends in cancer prevention.

Dr. R. Mahesh Mitra, Head, Department of Physiotherapy, GKNM Hospital, spoke on Health and Fitness, highlighting the role of regular physical activity and exercise in maintaining physical and mental well-being.

Dr. R. Muthulakshmi, Consultant Diabetology and Diabetic Foot Care Specialist, GKNM Hospital, addressed the gathering on Lifestyle Changes and Its Impact, emphasizing balanced nutrition, stress management, and healthy habits to prevent lifestyle disorders.

The programme was organized and coordinated by CSW staff and NSS Programme officers of TNAU. More than 500 students participated enthusiastically and benefitted from the expert deliberations.

Public Relations Officer